



Traiteur Piccola Gioia Catering
www.piccolagioia.com

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Jules Verne Menu Plan from Jan 8 to Feb 2

Day / Date	Meals		Daily	Smart Meals		Snack Drink incl.	Soup (Option)
	No.	Description	Vegetable Included	No.	Description		
Mon Jan 8	1	Swedish meatballs & rice	Car Pot Pea	4	Filet of Sole	Oatmeal Granola Bar	Chicken
	2	Fish & chips	Sweet corn	5	Whole Wheat Penne & Chicken	Water	Noodle
	3	Chicken Cutlet Pannini	Baby Carrots	6	Salmon & Quinoa		
Tue Jan 9	1	Grilled Cheese Double Decker	Baby Carrots	4	Filet of Sole	Apple Sauce	Italian
	2	Steak & Potato	Gold Mix	5	Whole Wheat Penne & Chicken	Water	Pastina
	3	Ham Pita Roll	Baby Carrots	6	Salmon & Quinoa		
Wed Jan 10	1	Pizzagheti	Mirepoix	4	Filet of Sole	Ficello Cheese Stick	Mini Ravioli
	2	Ckn tenders/waffle/mash potato/gravy	Cubed carrots	5	Whole Wheat Penne & Chicken	Water	
	3	Grilled Chicken Panini	Baby Carrots	6	Salmon & Quinoa		
Thu Jan 11	1	Lasagna	Mirepoix	4	Filet of Sole	Fruit Mandarine	Soup Won
	2	Cheesy Meatball Sub	Baby Carrots	5	Whole Wheat Penne & Chicken	Water	Ton
	3	Chicken Club Sandwich	Baby Carrots	6	Salmon & Quinoa		
Fri Jan 12	1	Rotini Pasta with Meatsauce	Mirepoix	4	Filet of Sole	House Oatmeal Cookie	Chicken
	2	Tacos	Salsa/salad	5	Whole Wheat Penne & Chicken	Milk	Noodle
	3	St. Viateur Bagel + Cream Cheese	Baby Carrots	6	Salmon & Quinoa		
Mon Jan 15	1	Mini Ravioli Meat Rose	Mirepoix	4	Filet of Sole	Oatmeal Granola Bar	Chicken
	2	Bqg chicken & potatoes	Pea & Carrot	5	Whole Wheat Penne & Chicken	Water	Noodle
	3	Chicken Cutlet Pannini	Baby Carrots	6	Salmon & Quinoa		
Tue Jan 16	1	English Egg Muffin	Car Pot Pea	4	Filet of Sole	Apple Sauce	Italian
	2	Chicken burger with baked fries	Baby Carrots	5	Whole Wheat Penne & Chicken	Water	Pastina
	3	Ham Pita Roll	Baby Carrots	6	Salmon & Quinoa		
Wed Jan 17	9	FUNDRAISER PIZZA	Baby Carrots			Water	
Thu Jan 18	1	Spaghetti Meatballs	Mirepoix	4	Filet of Sole	Fruit Mandarine	Soup Won
	2	Shepherds Pie	Cream of corr	5	Whole Wheat Penne & Chicken	Water	Ton
	3	Chicken Club Sandwich	Baby Carrots	6	Salmon & Quinoa		
Fri Jan 19	1	Spring Roll / Rice	Pea & Carrot	4	Filet of Sole	Chocolate Muffin	Chicken
	2	Pancake/veal sausage/potatoes	Baby Carrots	5	Whole Wheat Penne & Chicken	Milk	Noodle
	3	St. Viateur Bagel + Cream Cheese	Baby Carrots	6	Salmon & Quinoa		
Mon Jan 22	1	Fish stix & mashed potato	Sweet corn	4	Filet of Sole	Oatmeal Granola Bar	Chicken
	2	Ckn nuggets / mashed potato / gravy	Cubed carrots	5	Whole Wheat Penne & Chicken	Water	Noodle
	3	Chicken Cutlet Pannini	Baby Carrots	6	Salmon & Quinoa		
Tue Jan 23		PEDAGOGICAL DAY					
Wed Jan 24	1	Hamburger & baked fries	Baby Carrots	4	Filet of Sole	Ficello Cheese Stick	Mini Ravioli
	2	Cheeseburger & baked fries	Baby Carrots	5	Whole Wheat Penne & Chicken	Water	
	3	Grilled Chicken Panini	Baby Carrots	6	Salmon & Quinoa		
Thu Jan 25	1	Mac and Cheese	Baby Carrots	4	Filet of Sole	Fruit Mandarine	Soup Won
	2	Hotdog burger/mash potato/gravy	Cubed carrots	5	Whole Wheat Penne & Chicken	Water	Ton
	3	Chicken Club Sandwich	Baby Carrots	6	Salmon & Quinoa		
Fri Jan 26	1	Lasagna	Mirepoix	4	Filet of Sole	House Oatmeal Cookie	Chicken
	2	Chicken Souvlaki Dish	Car Pot Pea	5	Whole Wheat Penne & Chicken	Milk	Noodle
	3	St. Viateur Bagel + Cream Cheese	Baby Carrots	6	Salmon & Quinoa		
Mon Jan 29	1	Cheese Tortellini Rose	Mirepoix	4	Filet of Sole	Oatmeal Granola Bar	Chicken
	2	Chicken Hotdogs	Coleslaw	5	Whole Wheat Penne & Chicken	Water	Noodle
	3	Chicken Cutlet Pannini	Baby Carrots	6	Salmon & Quinoa		
Tue Jan 30	1	French Toast/Veal Sausage/Potatoes	Baby Carrots	4	Filet of Sole	Apple Sauce	Italian
	2	Italian Meatballs & Garlic bread	Baby Carrots	5	Whole Wheat Penne & Chicken	Water	Pastina
	3	Ham Pita Roll	Baby Carrots	6	Salmon & Quinoa		
Wed Jan 31	9	FUNDRAISER PIZZA	Baby Carrots			Water	
Thu Feb 1	1	Mini Rigatoni Gratine	Mirepoix	4	Filet of Sole	Fruit Mandarine	Soup Won
	2	Tacos	Salsa/salad	5	Whole Wheat Penne & Chicken	Water	Ton
	3	Chicken Club Sandwich	Baby Carrots	6	Salmon & Quinoa		
Fri Feb 2	1	Cabane a Sucre Dav		4	Filet of Sole	Pudding Chomeur	Chicken
	2			5	Whole Wheat Penne & Chicken	Milk	Noodle
	3	St. Viateur Bagel + Cream Cheese	Baby Carrots	6	Salmon & Quinoa		

Please indicate your Meal or Smart Meal choice below.			Meal Plan from Jan 8 to Feb 2 inclusive			
Day / Date	Enter meal no. below	Soup Yes/No	Order Information			
			School Name		Student Home Room	
			Jules Verne			
Mon Jan 8			Student Family Name			
			Student First Name			
Tue Jan 9			Parent /Guardian			
			Email Address			
Wed Jan 10			Home Phone No.		Cell. No.	
			Allergies			
			Lactose	Soy	Peas	
			Eggs	Milk	Tree Nuts	
			Red Meat	Mayo	Seafood	
			Other (specify)			
			Payment Schedule			
			Item	Qty.	Unit Price	Amount (\$)
Tue Jan 16			A. Total No. of Soups Only (no meal)	X	\$2.00	
Wed Jan 17			B. Total No. of Meals or Fund Raiser Pizza (no soups)	X	\$5.50	
Thu Jan 18			C. Total No. of Meals with soup option	X	\$7.00	
Fri Jan 19			Total for this Order (A+B+C)			
			Monthly School Note			
			DEADLINE DATE:			
			MANUEL PAPER MENU'S SUBMIT BY :DEC 21,2017			
			ONLINE ORDERS SUBMIT BY :JAN 03,2018			
			PLEASE REGISTER ON LINE FOR ALL ORDERS www.piccolagioia.com			
			Terms and Conditions For Paper Orders			
			1) PLEASE RESPECT DEADLINE DATE			
			2) ALL EMAILS & FAX ORDERS MUST BE ACCOMPANIED BY A CREDIT CARD NUMBER			
			3) ALL PAPER ORDERS MUST BE PAID BY CHECK PR CASH VIA YOUR SCHOOL			
			4) THERE WILL BE NO CHECKS ACCEPTED LESS THAN \$20.00 DOLLARS			
			5) THERE WILL BE A \$20.00 DOLLAR FEE FOR ALL NSF CHECKS THIS INCLUDES BANK AND ADMINISTRATION FEES WE RESERVE THE RIGHT TO CANCEL THE ORDER IF CHECK IS NOT REPLACED IMMEDIATELY			

Please cut along dash line and return the Order Information back to Piccola Gioia. Thank You.